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**ASMST's Second Annual Summit Showcases Momentum,
Innovation, and the Expanding Future of Shockwave Medicine**

SPRINGFIELD, MA, March 23, 2026 – The American Society for Medical Shockwave Treatment (ASMST) brought together a dynamic and rapidly growing community of clinicians, researchers, and industry leaders for its Second Annual Summit on Shockwave Medicine, held March 13–15 at The Royal Sonesta Boston.

Building on the success of its inaugural meeting, this year's Summit delivered three days of advanced scientific programming, hands-on learning, and meaningful collaboration, underscoring the accelerating role of shockwave therapy across modern medicine.

"This Summit reflects the momentum we're seeing across the field," said Dr. Brice Blatz, President of ASMST. "What was once considered emerging is now becoming essential. We're seeing stronger research, broader applications, and a community that is deeply committed to advancing medical shockwave therapy through education, collaboration, and clinical excellence."

A defining element of the 2026 meeting was ASMST's continued partnership with the International Society for Medical Shockwave Therapy (ISMST), the world's oldest and most internationally respected shockwave society. Through this collaboration, ASMST hosted the ISMST Instructional Certification Course (ICC), delivered by globally recognized faculty responsible for many of the clinical protocols and standards used in shockwave therapy today. The course provided attendees with direct access to international expertise and the opportunity to further validate their clinical knowledge through a globally recognized

credential, reinforcing ASMST's role as a bridge between U.S. practitioners and the broader international shockwave community.

International leadership remained a cornerstone of the program, with pioneers such as Professor Dr. Wolfgang Schaden returning to share decades of experience alongside other ISMST faculty. At the same time, new voices brought fresh energy to the stage, including UK-based clinician Paul Hobrough, whose practical and engaging approach to treatment application resonated strongly with attendees.

The Summit's musculoskeletal programming continued to serve as a foundation, with deeper exploration into clinical outcomes, treatment protocols, and long-term data. Presentations spanning tendinopathies, plantar fasciitis, surgical augmentation, and regenerative strategies reflected a field that is not only growing but maturing in both scientific rigor and clinical precision.

At the same time, the 2026 Summit marked a notable expansion into new clinical territory. Sessions in neurology and urology drew strong interest, highlighting emerging applications in Parkinson's disease, multiple sclerosis, pelvic health, and men's health. Presentations from leaders, including Dr. Felipe Fregni, Dr. Anne Truong, and Dr. Keith Roed, demonstrated how shockwave therapy is extending beyond traditional indications and becoming increasingly relevant across specialties.

That interdisciplinary momentum was further reinforced by contributions from leading academic and clinical institutions. Faculty from Harvard Medical School, Spaulding Rehabilitation Hospital, and Weill Cornell Medicine—including Dr. Adam Tenforde, Dr. Joanne Borg Stein, Dr. Jennifer Soo Hoo, and Dr. HC Rhim—led discussions on research, clinical application, and standardization. Additional perspectives from experts such as Dr. Amol Saxena and Dr. John Knab highlighted the integration of shockwave therapy into surgical recovery, sports medicine, and comprehensive pain management.

The Summit also underscored ASMST's commitment to advancing research and recognizing excellence across the field. Through its Call for Abstracts and Poster Presentations, selected research was featured and reviewed by the ASMST Board, culminating in recognition of Roy Arturo Reyes Conn as Outstanding Poster in the Established Researcher/Clinician category and Jessica Buttinger as Outstanding Poster in the Trainee category.

In addition to emerging research, ASMST honored leaders whose contributions continue to shape the specialty. Dr. Adam Tenforde was recognized with the Distinguished Academician Award for his significant impact on research, teaching, and clinical advancement in shockwave medicine. The Education Award was presented to Dr. Jennifer Soo Hoo for her exceptional contributions to advancing shockwave education, while Dr. Amol Saxena received the Distinguished Member Award in recognition of his longstanding leadership, scholarship, and service to the field and the Society. Early-career excellence was

also recognized, with Dr. Nicole Katz and Dr. HC Rhim each receiving the Young Investigator Award for their outstanding research contributions and continued commitment to advancing the science of shockwave therapy.

Industry partnership remained a critical component of the Summit's success. ASMST's Premier Sponsors, Enovis/Chattanooga, SoftWave, STORZ Medical, and Cutting-Edge Laser Technologies, along with a strong group of exhibitors, showcased the latest advancements in shockwave and regenerative technologies. Their presence reinforced the growing ecosystem of companies investing in research-driven innovation and responsible clinical adoption.

Beyond the formal program, the Summit's energy was driven by its community. Across networking sessions, hands-on demonstrations, and informal discussions, attendees exchanged ideas, built relationships, and contributed to the collaborative environment that continues to define ASMST's growth.

The meeting concluded with remarks from Dr. Rob Monaco, ASMST Board Member and Incoming President, who emphasized the importance of continued global collaboration and invited attendees to future ASMST and international meetings, signaling the Society's expanding role in shaping the direction of shockwave medicine worldwide.

With increasing engagement, expanding clinical scope, and deepening international partnership, ASMST's Second Annual Summit reinforced a clear message: shockwave medicine is evolving rapidly, and its future will be defined by a community committed to advancing it together.

For more information on ASMST and upcoming programs and events, visit www.asmst.org.



PHOTO CAPTION: Attendees engage with industry partners on the exhibit floor at ASMST's Second Annual Summit, exploring the latest advancements in shockwave technology and regenerative treatment solutions.



PHOTO CAPTION: Dr. Brice Blatz, President of ASMST, leads a live demonstration during the Summit, highlighting clinical application and advancing hands-on education in shockwave medicine.



PHOTO CAPTION: Expert faculty participate in a panel discussion at ASMST's Annual Summit, sharing insights and perspectives on the evolving role of shockwave therapy across clinical disciplines.



PHOTO CAPTION: ASMST award recipients, including Dr. Jennifer Soo Hoo (far left), Dr. Nicole Katz, Dr. Adam Tenforde, and Dr. HC Rhim (far right), are recognized at the 2026 Annual Summit for their outstanding contributions to research, education, and clinical advancement in shockwave medicine.

About ASMST:

The American Society for Medical Shockwave Treatment (ASMST) is a nonprofit organization and the premier resource for shockwave knowledge and professional enrichment. Established to advance the understanding and application of evidence-based shockwave medicine, ASMST offers educational programs, research opportunities, and a collaborative community for medical professionals dedicated to this innovative treatment modality. For more information about ASMST, visit www.asmst.org.

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